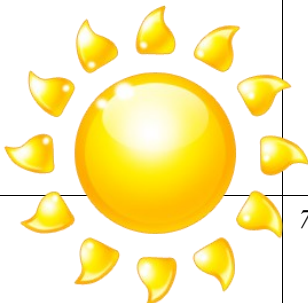



August 2013 Spencer County High School Menu


Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk			1	2 
5	6	7 Chicken nuggets Roll, whole grain Mashed potatoes Broccoli w cheese Peaches Apple	8 Snappy Tomato pizza Corn Tossed salad Baked apples Oranges	9 Corn dog Fish nugget Mac/cheese Glazed carrots Baked beans Cole slaw
12 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	13 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit Fruit Juice	14 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	15 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	16 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
19 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	20 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	21 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	22 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	23 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Broccoli Salad Peaches Fresh Fruit Fruit Juice
26 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	27 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	28 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	29 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	30 No School

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September 2013 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
2 No School	3 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	4 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	5 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	6 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
9 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	10 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit Fruit Juice	11 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	12 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	13 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
16 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	17 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	18 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	19 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	20 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Peaches Fresh Fruit Fruit Juice
23 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	24 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	25 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	26 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	27 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice
30	Offered Daily: Milk Chocolate Milk			

October 2013 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk	1 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	2 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	3 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	4 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
7 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	8 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit Fruit Juice	9 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	10 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	11 <div>No School</div>
14 	<div>Fall Break</div>			18
21 <div>No School</div>	22 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	23 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	24 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	25 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice
28 Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	29 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	30 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	31 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	

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November 2013 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk				1 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
4 No School	5 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit Fruit Juice	6 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	7 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	8 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
11 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	12 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	13 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	14 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	15 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Peaches Fresh Fruit Fruit Juice
18 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	19 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	20 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	21 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	22 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice
25 Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	26 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	27 Happy Thanksgiving	28 Happy Thanksgiving	29 Happy Thanksgiving

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USDA Nondiscrimination Statement:

<http://www.fns.usda.gov/usda-nondiscrimination-statement>


December 2013 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
2 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	3 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit Fruit Juice	4 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	5 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	6 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
9 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	10 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	11 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	12 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	13 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Peaches Fresh Fruit Fruit Juice
16 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	17 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	18 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	19 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	20 <div>No School</div>
23 	24 <div>Merry Christmas</div>	25 	26 	27
30 <div>No School</div>	31 			Offered Daily: Milk Chocolate Milk

January 2014 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri	
Offered Daily: Milk Chocolate Milk	Happy New Year	1 	2 No School	3	2
6 No School	7 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	8 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	9 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	10 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice	3
13 Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	14 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	15 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	16 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	17 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice	4
20 No School	21 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce	22 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	23 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit	24 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice	1
27 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	28 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	29 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	30 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	31 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Peaches Fresh Fruit Fruit Juice	2

February 2014 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk				
4 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	5 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	6 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	7 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	8 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice
10 Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	11 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	12 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	13 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	14 No School
17 No School	18 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit	19 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	20 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	21 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
24 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	25 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	26 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	27 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	28 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Peaches Fresh Fruit Fruit Juice


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March 2014 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
3 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	4 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	5 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice	6 Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	7 Chili w/shredded cheese or Vegetable Soup/Grilled Cheese Crackers Sweet Potato Fries Raw Veggie Cups w/ranch Fresh Fruit Fruit Juice
10 Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	11 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	12 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	13 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	14 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
17 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	18 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit	19 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	20 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	21 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
24 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	25 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	26 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	27 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	28 <div style="text-align: center; font-size: 2em; font-weight: bold;">No School</div>
31 <div style="text-align: center; font-size: 2em; font-weight: bold;">No School</div>			Offered Daily: Milk Chocolate Milk	

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April 2014 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
<div>Spring Break</div>				
7 No School	8 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	9 Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	10 Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	11 Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
14 Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	15 Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit	16 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	17 Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	18 BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
21 Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	22 Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	23 Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	24 Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	25 Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Broccoli Salad Peaches Fresh Fruit Fruit Juice
28 Boneless chicken Mashed potatoes Green Beans WG Rolls Pineapple Fresh Fruit Fruit Juice	29 Rib Patty Sandwich or Cheese Sticks Red Skinned Potatoes Baked Beans Pears Fresh Fruit Fruit Juice	30 Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Spinach Salad Corn Applesauce Fresh Fruit Fruit Juice		
				Offered Daily: Milk Chocolate Milk

May 2014 Spencer County High School Menu

Mon	Tue	Wed	Thu	Fri
Offered Daily: Milk Chocolate Milk			¹ Chicken Patty Sandwich or Fish Patty Hash Brown Stick Veggie Blend Mandarin Oranges Fresh Fruit Fruit Juice	² <div>No School</div>
⁵ Chicken Nuggets Whole Grain or Turkey and Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fruit Juice Fresh Fruit	⁶ Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	⁷ Snappy Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	⁸ Corn Dog or Pretzels w/cheese Sweet Potato Fries Baked Beans Apple Cucumber Salad Pineapple Fresh Fruit Fruit Juice	⁹ Hot Ham & Cheese or Cheese Sticks w/Marinara Glazed Carrots Tossed Salad Mixed Fruit Fresh Fruit Fruit Juice
¹² Teriyaki Chicken Bites or Pork Fritter Rice Pilaf Corn Broccoli & Cheese Pineapple Fresh Fruit Fruit Juice	¹³ Cheeseburger or Chicken Patty on Whole Grain bun Colossal Fries Roasted Butternut Squash Lettuce, Tomato, Pickle, Onion Applesauce Fresh Fruit	¹⁴ Papa John's Pizza, Whole Grain or Cold Cuts w/cheese Tossed Salad Rainbow Potato Medley Pears Fresh Fruit Fruit Juice	¹⁵ Asian Chicken Rice Egg Rolls Midori Veggies Peaches Fresh Fruit Fruit Juice	¹⁶ BBQ Sandwich or Quesadilla Zucchini Parmesan Corn Bread Mandarin Oranges Fresh fruit Fruit Juice Fresh Fruit
¹⁹ Chicken Nuggets Whole Grain or Turkey & Gravy Mashed Potatoes Green Beans Rolls WG Baked Apples Fresh Fruit Fruit Juice	²⁰ Nacho Grande w/ Cheese or Burrito Refried Beans Black Bean Salsa Pineapple Fresh Fruit Fruit Juice Shredded Lettuce, tomato, cheese, sour cream, taco sauce	²¹ Papa John's Pizza, Whole Grain Cold Cuts w/ Cheese Salad, Spinach, Raw Carrots w/ Ranch Steamed Cauliflower w/cheese Mandarin Oranges Fresh Fruit Fruit Juice	²² Pork Riblet Bites or Chicken Tenders Macaroni & Cheese Mixed Vegetables Broccoli Salad Mixed Fruit Fresh Fruit Fruit Juice	²³ Hot Dog on Whole Grain buns or Veggie Quesadilla Sweet Potato Fries Baked Beans Broccoli Salad Peaches Fresh Fruit Fruit Juice
²⁶	²⁷	²⁸	²⁹	³⁰
<div>Summer Break</div>				